



## Peaks Island Council Updates and Bulletins

### Recent Arrivals to Peaks Island:

#### Please Read

We welcome the cooperation visitors and returning residents in keeping us all safe in accordance with Governor Janet Mills' executive order of April 3, 2020.

The order requires travelers (whether Maine residents or non-residents) who arrive in Maine to self-quarantine for a minimum of 14 days, dating from the day of arrival, except when engaging in essential activities.

What is self-quarantine? According to CDC, this means 1) staying home and avoiding contact with other people; 2) refraining from use of public transportation, taxis, or ride shares; 3) monitoring symptoms and taking your temperature twice a day; and 4) maintaining 6 ft distance from all people.

Peaks Island has a volunteer shopping service to help folks get groceries when they are unable to go to the store. Contact Betsey Remage-Healey at 207-622-2084 or [remagehealey@gmail.com](mailto:remagehealey@gmail.com).

*If you would like to receive Peaks COVID 19 Response Committee and PIC updates directly in your email box, please send an email to [randyschaeffer@gmail.com](mailto:randyschaeffer@gmail.com) with "subscribe" in the subject line.*

**Peaks Island Council  
Peaks Island, Maine 04108**

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