



Peaks Island Council Updates and Bulletins

State of Maine Information Resources Regarding COVID 19

Conversations on NextDoor over the past week or so have highlighted the confusion we may all be feeling regarding what we should or should not be doing to keep ourselves and others healthy in the face of COVID 19.

According to a representative of the Maine CDC who communicated directly with PIC members, the best source of information is the Maine CDC Website entitled **2019 Novel Coronavirus – (COVID-19)-Updates and Information** which can be found [HERE](#). There is a lot of very useful information on this page.

On that page there is a link entitled **Read the Full List of Frequently Asked Questions (PDF)**. This document is highly informative and can be found [HERE](#). The document is updated at least every 24 hours. According to the ME CDC representative, this is where the details of the Governor's Orders and Proclamations, as well as statements by the Director of Maine CDC are officially explained to the public.

This information resource is quite important and should be becoming more and more familiar to us all. As you use this resource, keep in mind the complexity and severity of the challenge we are all facing. In deciding what you should or should not be doing in the face of COVID 19, be sure to protect yourself and others the best you can.

If you would like to receive Peaks COVID 19 Response Committee and PIC updates directly in your email box, please send an email to randyschaeffer@gmail.com with "subscribe" in the subject line.

**Peaks Island Council
Peaks Island, Maine 04108**
